

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“Age is but a number, and your talent will never fail you. It has no expiration date.”</p>	<p>1 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: “Secretariat” 2:30 Popcorn & Juice Cart Happy Birthday Pat P & Mary B</p>	<p>2 9:30 Weight Lifting 10:00 Sip N Social 2:00 Create Your Own Kentucky Derby Hat 2:30 Juice Cart</p>	<p>Shopper 3 9:30 Balance Exercises 10:00 Sip N Social 2:00 No Horsin’ Around Trivia & Derby Fun 2:30 Juice Cart 3:15 Hope & Happiness</p>	<p>4 9:30 Random Moves 10:00 Sip N Social 12:00 Derby Hat Parade 2:00 Meditation Service: Pastor Scott Schmidt, St. Matthew’s Lutheran Church 2:30 Ice Cream Treat Happy Birthday Bonnie S.</p>	<p>Cinco De Mayo 5 Wear Bright Colors 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talks (Weather Permitting) 12:00 Daily Delights 1:30 BINGO 2:30 Nachos 3:00 Bridge</p>	<p>6 9:30 Active Body 10:00 Sip N Social 1:30 Cooking Club – Dog Biscuits 2:30 Juice Cart</p>
<p>7 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart</p>	<p>8 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: “We Bought a Zoo” 2:30 Popcorn & Juice Cart</p>	<p>Wear Shades of Green 9 9:30 Weight Lifting 10:00 Sip N Social 2:00 Green Thumbers Gardening Group 2:30 Juice Cart</p>	<p>10 9:30 Exercise Balls 10:00 Sip N Social 10:15 Walker Wash 11:30 Outing for Lunch to Wendys 2:00 Jack Ness on Keyboard - Entertainer 2:30 Juice Cart 3:15 Show & Share</p>	<p>11 9:30 Resistance Bands 10:00 Sip N Social 2:00 Meditation Service: Pastor Derek Boggs of ECC 2:30 Ice Cream Treat</p>	<p>12 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talks (Weather Permitting) 12:00 Daily Delights 1:30 BINGO 2:30 Fab Friday Drink 3:00 Bridge</p>	<p>13 9:30 Active Body 10:30 Paws on Park Avenue: 3rd Annual Dog Parade 1:30 Independent Games 2:30 Juice Cart Happy Birthday Cindy</p>
<p>14 9:30 Sit N Fit 10:00 Sip N Social – All About Mom’s Reminisce 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart Happy Mother’s Day</p>	<p>15 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: “The Tomorrow Man” 2:30 Popcorn & Juice Cart</p>	<p>Podiatrist 16 9:00 Catholic Mass 10:00 Sip N Social 11:00 Weight Lifting 2:00 Crafter’s Cove: Paper Flowers Door Hangers 2:30 Juice Cart</p>	<p>Shopper 17 9:30 Pool Noodles 10:00 Sip N Social 2:00 Meditation with Marcia Peddicord from 1st United Methodist Church 2:30 Juice Cart</p>	<p>18 9:30 Random Moves 10:00 Sip N Social 2:00 Greenfield’s Memorial Service 2:30 Ice Cream Treat</p>	<p>Wear Florals 19 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talks (Weather Permitting) 12:00 Daily Delights 1:30 BINGO 2:30 Fab Friday Drink 3:00 Bridge</p>	<p>20 9:30 Active Body 10:00 Sip N Social 1:30 Wordscapes Game 2:30 Juice Cart</p>
<p>21 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart</p>	<p>22 9:30 Simple Stretches 10:00 Sip N Social 10:30 Dietary Meeting Resident Council 2:30 Juice Cart 6:00 Movie: “Where the Crawdads Sing”</p>	<p>23 9:30 Weight Lifting 10:00 Sip N Social 2:00 Air Fryer Demonstration 2:30 Juice Cart Happy Birthday P.J.</p>	<p>24 9:30 Balloon Volleyball 10:00 Sip N Social 2:00 Outing to the Princeton Library 2:30 Juice Cart 3:15 Hope & Happiness</p>	<p>25 9:30 Resistance Bands 10:00 Sip N Social 2:00 Meditation Service: Pastor Jessica Boggs of ECC 2:30 Ice Cream Treat</p>	<p>26 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talks (Weather Permitting) 12:00 Daily Delights 1:30 BINGO – Kristi from VITAS calling 2:30 Fab Friday Drink 3:00 Bridge</p>	<p>27 9:30 Active Body 10:00 Sip N Social 1:30 Spa Day 2:30 Juice Cart</p>
<p>28 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart Happy Birthday Deb</p>	<p>Wear Patriotic 29 9:30 Simple Stretches 10:00 Sip N Social – Patriotic Reflections 1:30 Movie Monday “The Incredible Journey” 2:30 Popcorn Cart Happy Birthday Nicky</p>	<p>30 9:30 Weight Lifting 10:00 Sip N Social 2:00 International Snack Tasting – Belgium 2:30 Juice Cart Happy Birthday Muzzy & Danny</p>	<p>31 9:30 Wed. Warmups with Paper Plates 10:00 Sip N Social 2:00 Skip on Piano – Entertainer 2:30 Juice Cart 3:15 Hope & Happiness</p>	 <p>OLDER AMERICANS MONTH AGING UNBOUND: MAY 2023</p>		

Calendar is subject to change and all changes will be posted.

7:40am Announcements/Prayer

Hair Salon by Appointment