



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 YouTube Church Service 3:30 Juice Cart	1 <u>Happy New Year</u> 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "America's National Parks" 2:30 Juice Cart <small>New Year's Day</small>	2 9:30 Weightlifting 10:00 Sip N Social 2:00 Crafter's Cove – Snowflake Craft 2:30 Juice Cart	3 SHOPPER 9:30 Exercise Balls 10:00 Sip N Social 2:00 Silly Social – Bring Your Funny Joke or Story 2:30 Juice Cart 3:15 Hope & Happiness Happy Birthday Pat Q.	4 9:30 Random Moves 10:00 Sip N Social 2:00 Bunco 2:30 Ice Cream Treat	5 <u>National Bird Day</u> 9:30 Cheer with Me 10:00 Savvy Snacks & Senior Smarts 1:30 Bingo 2:30 Juice Cart	6 9:30 Active Bodies 10:00 Sip N Social 2:00 Resident Choice 2:30 Juice Cart
7 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 YouTube Church Service 3:30 Juice Cart	8 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "The Art of Racing in the Rain" 2:30 Juice Cart	9 <u>Tone it Up Tuesday</u> 7:30 Breakfast Bunch 9:30 Weightlifting 10:00 Sip N Social 2:00 Life Magazine Review with Dave 2:30 Juice Cart	10 <u>House Plant Appreciation Day</u> 9:30 Balance Exercises 10:00 Sip N Social 11:00 Outing to the Public Library 2:00 Entertainer: Jack Singing and Playing Keyboard 2:30 Juice Cart	11 9:30 Resistance Bands 10:00 Sip N Social 2:00 Meditation Service with Pastor Cal from Willow Springs Mennonite Church 2:30 Ice Cream Treat	12 9:30 Drum Circle 10:00 Savvy Snacks & Senior Smarts 1:30 Bingo 2:30 Juice Cart	13 9:30 Active Bodies 10:00 Sip N Social 2:00 Wordscapes 2:30 Juice Cart
14 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 YouTube Church Service 3:30 Juice Cart Happy Birthday Mary S.	15 <u>Marshmallow Monday</u> 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "The Fault in Our Stars" 2:30 Juice Cart <small>Martin Luther King Jr. Day</small>	16 <u>Fig Newton Day</u> Podiatrist 7:30 Breakfast Bunch 9:00 Catholic Mass 10:00 Sip N Social 11:00 Weightlifting 2:00 Bobble Heads Craft 2:30 Juice Cart	17 SHOPPER 9:30 Exercise Balls 10:00 Sip N Social 2:00 Bowling 2:30 Juice Cart Happy Birthday Shelly	18 9:30 Random Move 10:00 Sip N Social 12:00 Pizza Hut Dine In – See Activities 2:00 Meditation Service with Pastor Colleen from 1st Presbyterian Church 2:30 Ice Cream Treat	19 <u>National Popcorn Day</u> 9:30 Mrs. Thompson's 3rd Grade Visit 1:30 Bingo 2:30 Juice Cart	20 9:30 Active Bodies 10:00 Sip N Social 2:00 Resident Choice 2:30 Juice Cart
21 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 YouTube Church Service 3:30 Juice Cart <small>Activity Professionals Week</small>	22 9:30 Simple Stretches 10:00 Sip N Social 10:30 Dietary Meeting 2:00 RESIDENT COUNCIL (Shelter Care) 2:30 Juice Cart 6:30 Movie: "The Finest Hours"	23 <u>National Pie Day</u> 9:30 Weightlifting 10:00 Sip N Social 2:00 Cooking Club: Patsy's Sesame Seed Pie 2:30 Juice Cart	24 <u>Compliment Day</u> 9:30 Balance Exercises 10:00 Sip N Social 2:00 Entertainer: Skip Singing & Playing Piano 2:30 Juice Cart 3:15 Show N Share <small>Tu B'Shevat Begins</small>	25 <u>Begin a New Habit Day</u> 9:30 Resistance Bands 10:00 Sip N Social 2:00 Jeopardy-Style Trivia 2:30 Ice Cream Treat	26 <u>Australia Day</u> 9:30 Cheer with Me 10:00 Savvy Snacks & Senior Smarts 1:30 Bingo 2:30 Juice Cart <small>Australia Day (Observed)</small>	27 9:30 Active Bodies 10:00 Sip N Social 2:00 Dr. Pohl 2:30 Juice Cart 2:00 Community Paint & Sip – Snowman (See Activities for More Details)
28 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 YouTube Church Service 3:30 Juice Cart Happy Birthday Linda	29 <u>Bubble Wrap Appreciation Day</u> 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "Hidden Figures" 2:30 Juice Cart	30 7:30 Breakfast Bunch 9:30 Weightlifting 10:00 Sip N Social 2:00 Painting 2:30 Juice Cart	31 <u>Enjoy Some Ho Chocolate Day</u> 9:30 Exercise Balls 10:00 Sip N Social 2:00 International Snack Tasting – Czechia 2:30 Juice Cart 3:15 Hope & Happiness	 <h1>January 2024</h1>  <p>"Toasting in the New Year"</p>		

Calendar is subject to change and all changes will be posted.

7:40am Daily Announcements/Prayer

Beautician available by appointment