

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

## Greenfield's Activities – "Let it Snow!"

| Sunday  | Monday | Tuesday | Wednesday  | Thursday   | Friday   | Saturday  |   |   |  |
|---|--------|---------|--|--|--|---|---|---|--|
| <p><b>January 2025</b></p> <p><b>Greenfield's Activities – "Let it Snow!"</b></p> |        |         | <p><b>Happy New Year! 1</b></p> <p>9:30 Simple Stretches<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 Resident Choice Games</b><br/>2:30 Juice &amp; Snack Cart</p> <p><small>New Year's Day</small></p> | <p><b>Raise Your Spirits Day 2</b></p> <p>9:30 Resistance Bands<br/>10:00 Sip N Social<br/><b>11:00 Walker Wash</b><br/><b>2:00 Meditation Service with Pastor Freeman from the Hampshire Colony Church</b><br/>2:30 Ice Cream, Juice &amp; Snack Cart</p> | <p><b>Walmart Online Shopping- SC 3</b><br/><b>Wear R.E.D.</b></p> <p>9:30 Friday Fitness Fun<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/>12:00 Activity Packets<br/><b>1:30 Bingo</b><br/>2:30 Wine, Beer, Juice &amp; Snack Cart<br/><b>Happy Birthday Pat Q</b></p>                            | <p><b>National Trivia Day 4</b></p> <p>9:30 Senior Stretch<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 Trivia Time</b><br/>2:30 Juice &amp; Snack Cart</p>   |   |   |  |
|   |        |         | <p>9:30 Sit &amp; Fit <b>5</b><br/>10:00 Sip N Social<br/><b>10:00 Catholic Communion</b><br/><b>1:30 Internet Church Service</b><br/>3:30 Juice &amp; Snack Cart<br/><b>Happy Birthday Jeannette</b></p>                | <p><b>National Cuddle Up Day 6</b></p> <p>9:30 Monday's Moves<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 Monday Movie: "Love in Focus"</b><br/>2:30 Popcorn, Juice &amp; Snack Cart</p>  | <p>9:30 Weight Lifting <b>7</b><br/>10:00 Sip N Social<br/><b>10:00 Whiskers &amp; Warmth</b><br/>11:00 Walk &amp; Talk<br/><b>2:00 Crafter's Cove: Snow-Fan Blades</b><br/>2:30 Juice &amp; Snack Cart<br/><b>3:15 Bible Study</b></p>  | <p><b>Walmart Online Shopping- IL 8</b></p> <p>9:30 Flex with Friends<br/>10:00 Sip N Social<br/><b>10:30 Guy's Group</b><br/>11:00 Walk &amp; Talk<br/><b>2:00 Solitaire Tournament</b><br/>2:30 Juice &amp; Snack Cart</p>  | <p>9:30 Resistance Bands <b>9</b><br/>10:00 Sip N Social<br/><b>10:30 Cooking Club: Rita's 5 Chip Cookies</b><br/><b>2:00 Mediation Service with Pastor Shields from the 1st Lutheran Church</b><br/>2:30 Ice Cream, Juice &amp; Snack Cart</p> | <p><b>Walmart Online Shopping- SC 10</b><br/><b>3rd Grade Class Visit</b></p> <p>9:30 Mrs. Thompson's<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/>12:00 Activity Packets<br/><b>1:30 Bingo - VITAS</b><br/>2:30 Wine, Beer, Juice &amp; Snack Cart</p> | <p><b>Thank You Day 11</b></p> <p>9:30 Senior Stretch<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 Dice Game</b><br/>2:30 Juice &amp; Snack Cart</p> |
|   |        |         | <p>9:30 Sit &amp; Fit <b>12</b><br/>10:00 Sip N Social<br/><b>10:00 Catholic Communion</b><br/><b>1:30 Internet Church Service</b><br/>3:30 Juice &amp; Snack Cart</p>   | <p><b>13</b></p> <p>9:30 Monday's Moves<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Music Therapy with Michelle</b><br/>2:30 Juice &amp; Snack Cart</p>   | <p>9:30 Weight Lifting <b>14</b><br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Crafter's Cove: Pony Bracelets with Edwin</b><br/>2:30 Juice &amp; Snack Cart<br/><b>3:15 Bible Study</b><br/><b>Happy Birthday Mary S.</b></p>  | <p><b>Walmart Online Shopping- SC 15</b></p> <p>9:30 Flex with Friends<br/>10:00 Sip N Social<br/><b>10:30 PPLibrary Outing</b><br/>11:00 Walk &amp; Talk<br/><b>2:00 Music with Jack Ness</b><br/>2:30 Juice &amp; Snack Cart<br/><b>3:15 Show &amp; Share</b></p> | <p><b>16</b></p> <p>9:30 Resistance Bands<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Meditation Service with Pastor Lawrence from the 1st Presbyterian Church</b><br/>2:30 Ice Cream, Juice &amp; Snack Cart</p>              | <p>9:30 Friday Fitness Fun <b>17</b><br/>10:00 Sip N Social<br/><b>10:00 Outing to The Closet</b><br/>11:00 Walk &amp; Talk<br/>12:00 Activity Packets<br/><b>1:30 Bingo</b><br/>2:30 Wine, Beer, Juice &amp; Snack Cart<br/><b>Happy Birthday Shelly</b></p>   | <p><b>18</b></p> <p>9:30 Senior Stretch<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 The Monthly Gazette</b><br/>2:30 Juice &amp; Snack Cart</p>     |
|   |        |         | <p>9:30 Sit &amp; Fit <b>19</b><br/>10:00 Sip N Social<br/><b>10:00 Catholic Communion</b><br/><b>1:30 Internet Church Service</b><br/>3:30 Juice &amp; Snack Cart</p> <p><small>Activity Professionals Week</small></p> | <p><b>20</b></p> <p>9:30 Monday's Moves<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 Monday's Movie: "The Secret Garden"</b><br/>2:30 Popcorn, Juice &amp; Snack Cart</p> <p><small>Martin Luther King Jr. Day</small></p>                 | <p><b>21</b></p> <p><b>9:00 Catholic Mass</b><br/>10:00 Sip N Social<br/>10:30 Weight Lifting<br/><b>11:30 Lunch Outing to Park Tavern</b><br/>2:30 Juice &amp; Snack Cart<br/><b>3:15 Bible Study</b></p>   | <p><b>Walmart Online Shopping- IL 22</b><br/><b>National Polka Dot Day</b><br/><b>Wear Polka Dots</b></p> <p>9:30 Flex with Friends<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Let it Snow Party</b><br/>2:30 Juice &amp; Snack Cart</p>          | <p>9:30 Resistance Bands <b>23</b><br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Meditation Service with Retired Pastor Zehr from Willow Springs Mennonite Church</b><br/>2:30 Ice Cream, Juice &amp; Snack Cart</p>             | <p><b>Belly Laugh Day 24</b></p> <p>9:30 Friday Fitness Fun<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/>12:00 Activity Packets<br/><b>1:30 Bingo</b><br/>2:30 Wine, Beer, Juice &amp; Snack Cart</p>   | <p><b>25</b></p> <p>9:30 Senior Stretch<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>1:30 Dice Game</b><br/>2:30 Juice &amp; Snack Cart</p>               |
|   |        |         | <p>9:30 Sit &amp; Fit <b>26</b><br/>10:00 Sip N Social<br/><b>10:00 Catholic Communion</b><br/><b>1:30 Internet Church Service</b><br/>3:30 Juice &amp; Snack Cart</p> <p><small>Australia Day (Observed)</small></p>    | <p><b>27</b></p> <p>9:30 Monday's Moves<br/>10:00 Sip N Social<br/><b>10:30 Dietary Meeting</b><br/><b>2:00 Resident Council (Shelter Care)</b><br/>2:30 Juice &amp; Snack</p>   | <p><b>Podiatrist 28</b><br/><b>Blueberry Pancake Day</b><br/><b>Wear Blue</b></p> <p>9:30 Weight Lifting<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Cooking Club: Blueberry Pancakes</b><br/>2:30 Juice &amp; Snack Cart<br/><b>3:15 Bible Study</b><br/><b>Happy Birthday Linda</b></p> | <p>9:30 Flex with Friends <b>29</b><br/>10:00 Sip N Social<br/><b>10:30 International Snacks: Taste of History</b><br/>11:00 Walk &amp; Talk<br/><b>2:00 Uno</b><br/>2:30 Juice &amp; Snack Cart</p> <p><small>Chinese New Year (Year of the Snake)</small></p>     | <p>9:30 Resistance Bands <b>30</b><br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/><b>2:00 Meditation Service with Pastor Scott from St. Matthew's Lutheran Church</b><br/>2:30 Ice Cream, Juice &amp; Snack Cart</p>                      | <p><b>31</b></p> <p>9:30 Friday Fitness Fun<br/>10:00 Sip N Social<br/>11:00 Walk &amp; Talk<br/>12:00 Activity Packets<br/><b>1:30 Bingo</b><br/>2:30 Wine, Beer, Juice &amp; Snack Cart</p>   |   |