Greenfield Retirement Home

Across the Greenfield

Volume 47, Issue 9 September 2024

Beautiful Day for a Picnic!



Courtyard Cookout

It was a great day for a picnic under the umbrellas in our center courtyard! The dining services cooked the all-American meal, hot dogs and cheeseburgers on our new Blackstone grill – donated by Ace Distribution Center. Nearly all of our seniors joined us outside where we enjoyed an afternoon of great food and great companionship. The seniors said they are ready for another picnic!



Jane F. & 3rd Graders



Betty M



Neva



Kay



Christy



Gratice



Marie



Bertie



Marian & 3rd Grader

Across Lynn's Desk

Language is always evolving, and nothing highlights this more than the lingo used by different generations. Recently, after stumbling across a Facebook post meant for high school students, I found myself in need of a translation from one of our employees. This sparked a lighthearted conversation about how language constantly shifts, leaving those outside a generation scratching their heads. From teens to people in their 90s, each generation has had its own distinct phrases and slang.

For today's high school students, you might hear terms like "bet," meaning "sure" or "okay," and "sus," short for "suspicious" or "shady." They might describe something exciting as "lit" or "fire" and say "slay" when someone excels at something. Phrases like "no cap" (meaning no lie) and "it's giving" (used to

describe vibes or energy) also pepper today's conversations.

Those of us who grew up in the 80s may remember saying things like "gnarly" or "rad" to describe something amazing, or "bogus" when something was disappointing. If something was cool, it might have been "totally tubular," while "gag me with a spoon" was a popular expression of disgust.

In the 60s, slang had a countercultural twist.
"Groovy" was used to describe anything great, and "far out" meant something extraordinary. If you were feeling good, you were "hip," and if something wasn't your style, it was "square." "Can you dig it?" was a way of asking if someone understood or agreed.

Our residents in their 90s

might recall terms like "the bee's knees" to describe something fantastic, or "jake," meaning fine or good. "23 skidoo" was a fun way to tell someone to leave, while "swell" was a common term for something positive or excellent. If they wanted to show approval, they might say something was "the cat's pajamas."

Each generation's slang reflects its unique culture, trends, and societal shifts, making it a fascinating part of our shared history. While the words may change, one thing remains constant there's always something that leaves the older generations chuckling, reminiscing, and sometimes feeling a little out of the loop. It's a reminder that language is as alive and vibrant as the people who use it.

Lynn Olds

Meditation Services

Thank you to our volunteer ministers who so graciously come to Greenfield and minister the Word of God: Pastor Bill Shields from the

1st Lutheran Church, Pastor Cal Zehr from Willow Springs Mennonite Church, Pastor Colleen Lawrence from the 1st Presbyterian Church, and Monsignor and Friends from St. Louis Catholic Church. We greatly appreciate all you do!!

Thank You!

I want to express my thanks to the residents, staff, and family members who were able to pray for me, send cards, or messages of support while I recovered from my surgery. I was very anxious and felt the support helped. I also would like to thank the staff for filling in for me while I was off. It helped to know we have a

wonderful team and I didn't need to worry about Greenfield while I was recovering. I enjoyed the Facebook updates and was sorry to miss out on the fun you had.

I had surgery to put a pump in my abdomen that releases medication into my spinal fluid to help the spasticity caused by my
Cerebral Palsy. We will be
working on my dosing and I
will continue to do
outpatient physical therapy
locally, so hopefully you will
see my walking continue to
improve.

Thanks again!

Kate Webster, SSD

Halloween Candy Donations

We are taking candy donations to be passed out for Trick or Treating on Halloween, October 31, 6:30pm – 7:30pm. Please leave donations at the Nurse's Station or with

Carol in the office. If you have any questions, contact Chris in Activities:



Outing to the Closet -Mary, Betty M., Bertie, Joyce, Rosie

Danny & 3rd Graders



Julie

Paws on Park Avenue

This year, we were planning to have our annual dog parade in October, so we thought what better time than at Halloween! So, bring your pups, both human and canine dressed in costume for our seniors to enjoy. No registration or fees. Instead, we will offer a special treat for both! Join us on October 31st from 6:30pm – 7:30pm for a "Howling" good time!

Courtyard Picnic!

We couldn't have picked a more beautiful day to enjoy a picnic in our center courtyard! Nearly all of our seniors on both the sheltered

care and independent living sides came outside to enjoy the delicious food and great company. Besides hamburgers and hot dogs, the dining services

department also served potato salad, baked beans & frosted brownies for dessert. Thanks to Greenfield's team members for a beautiful afternoon!







Patsy



Doris

Mrs. Thompson's 3rd Grade Visit

We always look forward to the new school year full of children who love to come to Greenfield. And, our seniors love having them come! This month, we learned about some of the children's favorite stuffed animals, awards, books and more. That child-like energy the children bring with them is always exhilarating. Their next visit is Friday, October 18th from 9:15am-10:15am. Be sure to join us!

Legacy Leaders Men's Club

Greenfield's men partnered with the Bureau County Senior Center's (BCSC) men and invited them to come to Greenfield for some sweet treats and sweet conversation with our guys.

ALL men in the community are invited to our group. The next group meets
Wednesday, October 11th at 10:30 – 11:30am. We would especially enjoy a guy who has a heart for organizing

and leading the group. If you are interested, please contact Chris or Deb in the Activity Department. Thanks to Sam and the BCSC guys who came and fellowshipped with us.

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Fun Things to Do at Greenfield

At Greenfield, there are many fun activities that everyone can enjoy. From playing games like bingo and cards to doing arts and crafts, there's something for everyone. Staying active with group exercises or going on walks together helps people stay healthy and feel good. Social activities like balloon volleyball, outings, and parties allow everyone to laugh and have fun with

friends.

Joining in on activities is a great way to meet new people and stay connected with old friends. It helps keep the mind sharp, boosts mood, and prevents feeling lonely. Whether someone enjoys gardening, reading, or even learning something new like painting, there are endless chances to try different things.

The best part? You get to share your hobbies with

others who enjoy them too. Being part of a community and having something to look forward to every day makes life more joyful. Overall, activities at the retirement home help people stay happy, healthy, and socially connected, creating a fun and welcoming environment for everyone. Check out October's calendar for all the fun!

Chris Thompson, Activity Director

Homestead Festival

Class reunions, family gatherings, memories of days from the past, these are some of the things thought of when the Homestead Festival comes around in September. This year, we enjoyed riding in the parade and seeing all the people lined up on both sides of main street – for some reason, this year

seemed like there were so many children! At least that is what it felt like when throwing candy and goodies to the crowd.

Since we had an abundance of zinnias and the theme for the Homestead was "Back to Our Roots," we made up several hundred single stemmed flowers to hand

out. This is also something we do called Flowers of Kindness. We wanted to make many people's day special by giving them flowers.

It was a great time to see so many familiar faces in the crowd and to watch the children smile as we threw out candy.



Jinny, Joanne, & Frank

Betty C., Neva, Eunice, Joyce







Rosie Joyce Pat P.







Bonnie S. Mary Glenn & Brittnay







Bonnie B. Eunice, Pat A., Joyce & Dakota

Nancy & 3rd gr.

Preparing for Respiratory Viruses

Oregon Healthcare Pharmacy will be here on Friday, Oct. 25 to give this year's influenza vaccine to all residents who wish to receive one. Kate, Baylea and I will meet with both Sheltered Care and Independent Living apartment residents to fill out the declination form to determine who wishes to receive the vaccine. The pharmacy already has insurance information for billing for Sheltered Care Residents. Kate will be getting insurance information from apartment residents. Each resident will be required to fill out and sign a consent

and screening form prior to being vaccinated.

Oregon Healthcare
Pharmacy has notified me
they should have the new
FDA approved COVID
vaccine available in
November. We will be
working on the declination
forms for the COVID vaccine
at the same time we work
on the flu vaccine forms. I
will let everyone know a
date for the COVID vaccine
clinic here at Greenfield as
soon as I am notified.

I recommend that you talk to your Primary Care Provider regarding the RSV vaccine and if recommended by them, get the vaccine at their office or the local Health Department.

I hope everyone stays healthy this fall and winter. For others in the community, please be aware of any symptoms of a respiratory illness and postpone visiting resident friends and family here at Greenfield until your symptoms have improved. As always wash your hands, cover your cough, stay home if ill.

Thank you for doing your part to keep our residents happy and healthy.

Shelly Davis, DON

Save Paper, Save the Planet!

Email us at: office@greenfieldhome.org if you'd like to receive our newsletter by email.

GREENFIELD RETIREMENT HOME

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Greenfield
RETIREMENT HOME

Greenfield's mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of each resident.

www.greenfieldhome.org

Greenfield is a not-for-profit provider.