

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Weight Lifting 10:00 Sip N Social 2:00 BC Fair Projects 2:30 Juice Cart	Shopper 2 9:30 Balance Exercises 10:00 Sip N Social 2:00 Festival 56 Play: "Something Rotten 2:00 Games" 2:30 Juice Cart 3:15 Hope & Happiness	Watermelon Day 3 9:30 Random Moves 10:00 Sip N Social 2:00 Hymn Sing-Along with Pastor Ryan 2:30 Fresh Watermelon Treat	Wear R.E.D. Day 4 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talk 12:00 Activity Packets 1:30 Bingo 3:00 Bridge 2:30 Juice Cart	5 9:30 Active Bodies 10:00 Sip N Social 1:30 This or That 2:30 Juice Cart
6 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart	7 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "A Wrinkle in Time" 2:30 Popcorn & Juice Cart	Podiatrist 8 9:30 Weight Lifting 10:00 Sip N Social 2:00 Rock Painting – Cacti 2:30 Juice Cart	Book Lover's Day 9 9:30 Exercise Balls 10:00 Sip N Social 11:00 Outing to the Public Library 2:00 Accordion Players 2:30 Juice Cart 3:15 Show & Share	10 9:30 Resistance Bands 10:00 Sip N Social 2:00 Meditation Service: Pastor Cal Zehr, Willow Springs Mennonite Church 2:30 Ice Cream Treat	11 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talk 12:00 Activity Packets 1:30 Bingo 3:00 Bridge 2:30 Juice Cart	12 9:30 Active Bodies 10:00 Sip N Social 1:30 Wordscapes 2:30 Juice Cart
13 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart	14 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "Is There Life Out There?" 2:30 Popcorn & Juice Cart Happy Birthday Ralph	15 9:00 Catholic Mass 10:00 Sip N Social 11:00 Weight Lifting 2:00 Cooking Club – Pear Cactus with Eli 2:30 Juice Cart	Shopper 16 Wear Animal Prints 9:30 Balance Exercises 10:00 Sip N Social 2:00 Remembering Las Vegas 2:30 Juice Cart Happy Birthday Lynn	17 9:30 Random Moves 10:00 Sip N Social 2:00 Bowling @ Greenfield 2:30 Ice Cream Treat Happy Birthday Deanna	18 9:30 Fitness Fun 10:00 Sip N Social 11:30 The Underground Outing 12:00 Activity Packets 3:00 Bridge 1:30 Bingo 2:30 Juice Cart	19 9:30 Active Bodies 10:00 Sip N Social 1:30 Board Games 2:30 Juice Cart
20 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart	21 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "Field of Dreams" 2:30 Popcorn & Juice Cart	22 9:30 Weight Lifting 10:00 Sip N Social 2:00 BC Fair Projects - Flowers 2:30 Juice Cart Happy Birthday Sabrina	Wear White Wed 23 9:30 Exercise Balls 10:00 Sip N Social 2:00 Jeopardy Style Trivia – Desert Trivia 2:30 Juice Cart 3:15 Hope & Happiness	24 9:30 Resistance Bands 10:00 Sip N Social 11:15am – 3:15pm Outing to the BC Fair – Lunch, Bingo, Exhibits 2:30 Ice Cream Treat	25 9:30 Fitness Fun 10:00 Sip N Social 11:00 Patio Talk 12:00 Activity Packets 1:30 Bingo 3:00 Bridge 2:30 Juice Cart	26 9:30 Active Bodies 10:00 Sip N Social 1:30 Balloon Volleyball Happy Birthday Elaine
27 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart	28 9:30 Simple Stretches 10:00 Sip N Social 10:30 Dietary Meeting 2:00 Resident Council (Shelter Care) 2:30 Juice Cart 6:30 Resident Choice Movie	29 9:30 Weight Lifting 10:00 Sip N Social 2:00 Science for Seniors: Desert Discoveries 2:30 Juice Cart	30 9:30 Balance Exercises 10:00 Sip N Social 2:00 International Snacks – Taiwan 2:30 Juice Cart 3:15 Hope & Happiness	Wear Shades of 31 Brown 9:30 Random Movements 10:00 Sip N Social 2:00 Enchanted Oasis Party 2:30 Juice Cart Happy Birthday Autumn		

Calendar is subject to change and all changes will be posted.

7:40 Daily Announcements

Beautician available upon Appointment