

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

"Heartstrings & Healthy Things"

				<p>9:30 Random Moves 10:00 Sip N Social 10:30 Laughter Club @ BCSC 2:00 Hymn Sing-Along with Pastor Ryan Sutton of 1st United Methodist Church 1:30 Ice Cream Treat</p>	<p>Wear R.E.D. 9:30 Drum Circle 10:00 Savvy Snacks & Senior Smarts – Spring or Snow? 12:00 Activity Packet 1:30 Bingo 2:30 Juice Cart Happy Birthday Raene! <small>Groundhog Day</small></p>	<p>9:30 Fitness Fun 10:00 Sip N Social 2:00 You Choose, We Amuse 2:30 Juice Cart</p>
<p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Church Service via Internet 3:30 Juice Cart Happy Birthday Doris H.!</p>	<p>9:30 Monday's Moves 10:00 Sip N Social 1:30 Movie Monday: "Mama Mia" 2:30 Juice Cart Happy Birthday Janet!</p>	<p>9:30 Weight Lifting 10:00 Sip N Social 2:00 Dave from PPL – Pictures 2:30 Juice Cart</p>	<p>SHOPPER 9:30 Balance Ex. 10:00 Sip N Social 10:00 Walker Wash 2:00 Accordion Players 2:30 Juice Cart</p>	<p>Hashbrown Day 9:30 Resistance Bands 10:00 Sip N Social 2:00 SPUD-tacular Hashbrown Hullabaloo 2:30 Ice Cream Treat Happy Birthday Jane!</p>	<p>9:30 Mrs. Thompson's 3rd Grade Class Visit 12:00 – Activity Packet 1:30 Bingo 2:30 Juice Cart</p>	<p>9:30 Fitness Fun 10:00 Sip N Social 2:00 You Choose, We Amuse 2:30 Juice Cart</p> <p><small>Chinese New Year (Year of the Dragon)</small></p>
<p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Church Service via Internet 3:30 Juice Cart</p>	<p>9:30 Monday's Moves 10:00 Sip N Social 1:30 Movie Monday: "Love Guaranteed" 2:30 Juice Cart</p>	<p>Wear Purple, Gold & Green 9:30 Weight Lifting 10:00 Sip N Social 2:00 Mardi Gras Masquerade 2:30 Juice Cart Happy Birthday Danny B.!</p>	<p>Wear Shades of Red 9:30 Ex. Balls 10:00 Sip N Social 10:30 Ash Wed. Service 2:00 Sweethearts Social <small>Valentine's Day</small></p>	<p>9:30 Random Moves 10:00 Sip N Social 2:00 Pastor Colleen Lawrence or 1st Presbyterian Church 2:30 Ice Cream Treat</p>	<p>9:30 Cheer with Me 10:00 Savvy Snacks & Senior Smarts – Chinese New Year 12:00 Activity Packet 1:30 Bingo 2:30 Juice Cart</p>	<p>9:30 Fitness Fun 10:00 Sip N Social 2:00 You Choose, We Amuse 2:30 Juice Cart Happy Birthday Denise!</p>
<p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Church Service via Internet 3:30 Juice Cart Happy Birthday Gracie!</p>	<p>Wear Patriotic 9:30 Monday's Moves 10:00 Sip N Social 1:30 Movie Monday: "LaLa Land" 2:30 Juice Cart <small>Presidents Day</small></p>	<p>Cherry Pie Day 9:00 Catholic Mass 10:00 Sip N Social 11:00 Weightlifting 2:00 Painting Cherry Trees 2:30 Juice Cart</p>	<p>SHOPPER 9:30 Balance Ex. 10:00 Sip N Social 11:00 Outing to the PPL 2:00 Eileen Entertainer 2:30 Juice Cart Happy Birthday Sam!</p>	<p>Margarita Day 9:30 Resistance Bands 10:00 Sip N Social 2:00 Mock Margaritas and Mariachi Mixer</p>	<p>9:30 Slide & Glide 10:00 Savvy Snacks & Senior Smarts – Feb. Fun 12:00 Activity Packet 1:30 Bingo 2:30 Juice Cart</p>	<p>9:30 Fitness Fun 10:00 Sip N Social 2:00 You Choose, We Amuse 2:30 Juice Cart</p>
<p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Church Service via Internet 3:30 Juice Cart</p>	<p>9:30 Monday's Moves 10:00 Sip N Social 10:30 Dietary Meeting 2:00 RESIDENT COUNCIL 6:30 Resident Choice Movie</p>	<p>9:30 Weightlifting 10:00 Sip N Social 2:00 Make & Take – Frog Hat & Blower for the Jumpin' Jamboree 2:30 Juice Cart</p>	<p>9:30 Ex. Balls 10:00 Sip N Social 2:00 International Snack Tasting – Scandinavia 2:30 Juice Cart</p>	<p>Wear Green 9:30 Random Moves 10:00 Sip N Social Noon – Pizza Hut – Dine in 2:00 Jumpin' Jamboree</p>	<p>"Embrace the Month of February with warmth, kindness and the promise of new beginnings."</p>	

Calendar is subject to change and all changes will be posted.

7:40 Daily Announcements & Prayer

Beautician available by appt.