



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>One of a "KIND" November</p>		Podiatrist 1 9:30 Weight Lifting 10:00 Sip N Social 11:00 Brain Games 2:00 Kind Acts: Freedom House – Worry Worms 2:30 Juice Cart	SHOPPER 2 9:30 Balance Exercises 10:00 Sip N Social 10:30 ABSENTEE VOTING 2:00 Plant Doctor Deb & The Green Thumbers 2:30 Juice Cart 3:15 Hope & Happiness Happy Birthday Jessica	3 9:30 Resistance Bands 10:00 Sip N Social 11:15 Walker Wash 2:00 Meditation: Pastor Bill Shields, 1 st Lutheran Church 2:30 Juice Cart	Wear R.E.D. 4 9:30 Movin' & Grovin' 10:00 Sip N Social 11:00 Plant Dr. Deb's Room Visits 12:00 Daily Delights 2:00 Bingo 2:45 Juice & Treat Mr. Cub Day: Ernie Banks	5 10:00 Sip N Social 11:00 Let's Get Physical 2:00 Resident Choice Movie 2:30 Juice Cart Book Lover's Day
6 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Methodist Church 2:30 Catholic Church 3:30 Juice Cart	7 9:30 Simple Stretches 10:00 Sip N Social 1:30 Movie: "The Call of the Wild" 2:30 Juice & Nacho Cart Nat'l Nacho Day	8 9:30 Weight Lifting 10:00 Sip N Social 11:00 Brain Games 2:00 Kind Acts: Friends of Strays – Dog Bones 2:30 Juice Cart Times We Treasure Tuesday	9 9:30 Exercise Balls 10:00 Sip N Social 2:00 Eileen Quest – Entertainer 2:30 Juice Cart 3:15 Hope & Happiness	10 9-3 Bally's Casino Outing 9:30 Random Moves 10:00 Sip N Social 11:15 Walker Wash 2:00 Balloon Volleyball Game	11 Wear Red, White, Blue 9:30 Movin' & Grovin' 10:00 Sip N Social 11:00 VETERAN'S DAY Recognition 12:00 Daily Delight 2:00 Bingo 2:45 Juice Cart & Special Treat	12 10:00 Sip N Social 11:00 Active Body 2:00 Spa Day 2:30 Juice Cart
13 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Methodist Church 2:30 Catholic Church 3:30 Juice Cart Daylight Savings Time Ends	14 9:30 Simple Stretches 10:00 Sip N Social 11:00 Pickle Tasting 1:30 Princess Diana Documentary 2:30 Juice & Popcorn Cart Pickle Day	15 9:30 Weight Lifting 10:00 Sip N Social 11:00 Brain Games 2:00 Kind Acts: Senior Center - Bird Seed Hangers 2:30 Juice Cart	SHOPPER 16 9:30 Balance Exercises 10:00 Sip N Social 2:00 Meditation: Pastor Marcia Peddicord, 1 st United Methodist Church of Princeton & Malden 2:30 Juice Cart 3:15 Hope & Happiness	17 Dress as a Hippie Day 9:30 Resistance Bands 10:00 Sip N Social 11:15 Walker Wash 2:00 World Peace Day – Ringneck Dove 2:30 Juice Cart	18 9:30 Movin' & Grovin' 10:00 Sip N Social 11:00 Plant Dr. Deb's Room Visits 12:00 Daily Delights 2:00 Bingo 2:45 Juice Cart & Special Treat	19 10:00 Sip N Social 11:00 Let's Get Physical 2:00 Resident Choice Movie 2:30 Juice Cart
20 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Methodist Church 2:30 Catholic Church 3:30 Juice Cart	21 9:30 Simple Stretches 10:00 Sip N Social 11:00 Wii Bowling 1:30 Movie: "On Golden Pond" 2:30 Juice & Popcorn Cart World TV Day	22 9:30 Weight Lifting 10:00 Sip N Social 11:00 Brain Games 2:00 Kind Acts: PPD & PFD – Blessing Mix 2:30 Juice Cart	23 9:30 Pool Noodles 10:00 Sip N Social 2:00 Entertainment by Jack Ness 2:30 Juice Cart 3:15 Hope & Happiness	24 Wear Fall Colors 9:30 Random Moves 10:00 Sip N Social 2:00 Thanksgiving Movie: "The Blind Side" 2:30 Juice Cart Happy Thanksgiving	25 9:30 Movin' & Grovin' 10:00 Sip N Social 12:00 Daily Delights 2:00 Bingo 2:45 Juice Cart & Special Treat Happy Birthday Marvin	26 10:00 Sip N Social 11:00 Active Body Games 2:00 Resident Choice Games 2:30 Juice Cart
27 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Methodist Church 2:30 Catholic Church 3:30 Juice Cart	28 9:30 Simple Stretches 10:00 Sip N Social 11:00 Wii Bowling 2:00 RESIDENT COUNCIL 6:00 Movie Night: "Gone with the Wind"	29 9:30 Weight Lifting 10:00 Sip N Social 11:00 Brain Games 2:00 Kind Acts: Second Story – Christmas Gifts 2:30 Juice Cart Monicals Pizza	30 9:30 Balance Exercises 10:00 Sip N Social 2:00 International Snacks Tasting – India 2:30 Juice Cart 3:15 Hope & Happiness What do you want to know? Wednesday	<h1>November 2022</h1> <h2>One of a "KIND" November!</h2> 		

Calendar is subject to change and all changes will be posted.

7:40am Prayer/Announcements

Hair Salon by Appointment