

Across the Greenfield

Volunteer Recognition



Volunteer Luncheon

We honored our volunteers during National Volunteer Recognition Week by treating them to a luncheon, handing out awards and presenting them with a special gift of

appreciation. We greatly appreciate all of those who so graciously volunteer at Greenfield! Thank you for your service!!





Bertie with 3rd graders



**Nancy with
eclipse glasses**



Danny with 3rd graders



Eunice



Jeanne



Sassy & Rosie



**Balloon Volleyball with
Princeton High School students**



Joyce

Across Lynn's Desk

Are you aware there is a significant volunteer shortage in our area? Local organizations are finding it even more challenging to find willing hands and hearts to fulfill their missions. In fact, some have completely disbanded. Why is this? I'm not sure there is one answer. In fact, I'm not sure I know the answer at all. But, I have participated in several conversations in an attempt to figure this out.

In the bustling rhythm of our lives, it's easy to overlook the profound impact that acts of service can have on our society. Whether it's tutoring a child, cleaning up a local park, or simply lending a listening ear to someone in need, community service binds us together, fostering empathy, resilience, and solidarity.

Why is community service

more important now than ever before? The answer lies in its transformative power. Engaging in service not only benefits those on the receiving end but also enriches the lives of volunteers themselves. It cultivates a sense of belonging, purpose, and interconnectedness, bridging divides and fostering a culture of compassion. If this is true, then why is community service slowly fading?

Firstly, the pace of modern life leaves little room for altruism. Many people juggle multiple commitments – work, family, and personal pursuits – leaving little time or energy for volunteering. Moreover, financial pressures and job instability may compel individuals to prioritize paid work over unpaid service.

Secondly, the digital age has reshaped social interactions, often at the expense of real-world community engagement. While social media platforms offer virtual avenues for activism and awareness, they can also foster a passive form of engagement, substituting online advocacy for tangible action.

Ultimately, the vitality of our communities depends on our collective willingness to serve. As we confront the challenges of our time, let us reaffirm our commitment to the timeless principles of compassion, solidarity, and stewardship. Together, we can uphold the spirit of service and build a more resilient, inclusive society for generations to come.

Lynn Olds

Meditation Services

Thank you goes out to our pastors who so graciously come to Greenfield and share the Word of God with our seniors: Pastor Ryan

Sutton from 1st United Methodist Church, Pastor Colleen Lawrence from 1st Presbyterian Church and Monsignor and Friends from

St. Louis Catholic Church. We greatly appreciate your time spent at Greenfield!

Building Others Up

Did you grow up hearing your parent say, "Treat others the way you want to be treated" or "If you don't have anything nice to say, don't say anything at all." Maybe you passed this bit of advice on to your children before they started school, it sounds like one of those things we would have learned in kindergarten.

Sometimes we say things that we don't mean to be hurtful, but they are. When comments are made about someone's weight, how much they eat, or someone's memory it can trigger a lot of negative emotions.

When I was a kid, I was bullied because of my disability. In a way, I felt like an Amish person who was shunned by their

community. As I got older I developed an attitude of not caring what others thought, but deep down that wasn't true. The saying, "Sticks and stones may break my bones, but words can never hurt me" doesn't ring true. It was frustrating because there was nothing I could do to fix the situation and it led me to avoid social interactions.

We are a community that builds others up. Many people who choose to come to Greenfield do so because they want the opportunity to be around others, attend meaningful activities, and share great meals together. Often people don't realize that community was part of what they were missing at home until they are here. The same thing can be said

about the staff and the family atmosphere that is fostered at Greenfield. It is important that everyone feels a part of the community; community building aids with memory, mood, language, and can even help physically by assisting someone to get out of their room more often. By turning people off from interacting with you through your words, actions, or body language you may be missing out on a wonderful friendship.

If we all take a moment before we speak or act to think about "treating others the way we want to be treated" we can make someone's day a little better. Let's all strive to make this change.

Kate Webster, SSD

Gender Review

Deanna, our housekeeper shared a special moment with our seniors through a gender reveal. For many residents, this is a newer way to celebrate the

upcoming birth. We watched some of the more extravagant parties on YouTube, while we celebrated by decorating a box with pink and blue and

opening it to reveal a single mylar balloon that said... IT'S A BOY! Congratulations, Deanna & Chris!!

Retirement Party!



After nearly 40 years as our Director of Nursing and Assistant Director of Nursing, we celebrated Mary Grieff's retirement. Many former employees, friends and family came to share in on this festive

occasion. We thank Mary for her many years of compassion, positivity and dedication to the nursing field. Enjoy your next journey, Mary!

Lake Thunderbird Line Dancers

What do you do when you retire? You learn to line dance, right? That's just what this group of ladies from the Lake Thunderbird area do for fun. Every Tuesday morning, these ladies gather and practice

their steps along with various songs for well over 45 minutes of entertainment! We so enjoyed having these ladies come to Greenfield and share their moves with our seniors. Many of these ladies

ages range from 60s all the way to their 80s! A true testament to "you're never too old to learn something new!" Thank you for coming to Greenfield and we look forward to another performance later in the year!

Intergenerational Groups

We are so blessed to have Mrs. Thompson's 3rd grade class come to Greenfield on a monthly basis to share their energy and child-like happiness with our seniors. Each month, we either play a game, discuss different topics or share bits of our lives with the children. This year has been a wonderful year of enjoying our time spent with these young people.

In April, we played a favorite

game LCR (Left, Center and Right), which consists of 3 dice and poker chips. Each player takes turns rolling the dice and the winner is the one who is left with the last poker chip.

After the game, the children enjoyed snacks, juice boxes and time spent together laughing and sharing about their families, friends and school projects.

May is our last visit with the

3rd graders. We will share lunch together, while saying our fond farewells and best wishes for each child.

Also, we enjoyed an afternoon with the Princeton High School Interactive Club, who came and played balloon volleyball with our seniors. Thank you for coming and spending time with our seniors!

*Chris Thompson,
Activity Director*

Memorial Service

Annually, we hold a Memorial Service where we remember those who lived at Greenfield but have

passed on. This was a time to share fond memories and offer closure for both our

seniors and employees. We recognized fourteen seniors at this service.

Solar Eclipse

It was a windy, cool day, but we were still able to go outside and view (with the special glasses) the solar eclipse. Some seniors chose to view the eclipse via TV, which proved just as

interesting as outside, the difference being the total eclipse versus the partial eclipse. Either way, it was an experience to remember and realize just how such a phenomenon affects the

weather, animals and even humans when it happens. Once we viewed the eclipse, we sent the special glasses to Latin American for their October solar eclipse.

April Showers Brings...Joy!

Instead of April Showers Brings May flowers, we felt that April was full of joyful and memorable moments for our seniors. This was our theme for April: Bringing joy to the lives of others. With the appearing of tulips, red bud flowers, lilacs and so many beautiful flowers and smells, we all know so well

and look forward to in springtime. Joy can be found in the smallest and mundane of moments as well as those monumental.

In our retirement community, joy fills the air every day. Whether it's chatting over morning coffee or playing games with

friends, residents find happiness in simple moments. Sharing stories and laughter, they create a warm and welcoming atmosphere. In each other's company, they feel a sense of belonging and gratitude, making every day brighter and more fulfilling.

Menu Changes

We are enjoying many new food entrees on our Spring/Summer menu such as Tahitian Chicken, Three Meat Calzone and Beef Tips & Mushrooms just to name a few. We continue to serve traditional favorites like Shrimp, BBQ Ribs and more. We also have delicious desserts, homemade baked

goods, fresh fruits and salads made in our own certified kitchen. We are continuing to offer our weekly healthy salad option for a lighter choice.

All of these items are prepared with our dietician's guidance and food distributor's team of specialists, offering our

seniors nutritious meals sure to tempt the taste buds. If you miss a favorite, not to worry since our menus are geared towards a 5-week rotation cycle as well as offering choices based upon doctor ordered diet needs. This ensures many satisfied seniors!

Beth Culjan, Diet. Mgr.



Ruth watching the eclipse



Volunteer Luncheon, Carolyn, Doris, Bertie, Glenn



Deanna & Denise



Pastor Cal & Danny



Joyce watching the eclipse



Line Dancers

National Nurses' Week May 6 - 12

I want to take a moment to thank all of our wonderful Nurses here at Greenfield for the great job they do. I feel very blessed to have each of you here and I know our residents and families agree. Thank you for loving and caring for our residents the way you do.

May 12 is the birthday of Florence Nightingale (1820-1910). The English nurse became known as the founder of professional nursing, due to her pioneering work during the Crimean War (1853-1856). She made a habit of making rounds at night, and became known as "The Lady with the Lamp".

National Nurses Week was first observed in October 1954, the 100th anniversary

of Nightingale's mission to Crimea. May 6 was introduced as the date for the observance in 1982.

Nurses are the backbone of medical care. - Doctors may diagnose us, prescribe our medicines, and perform our surgeries, but without nurses, their jobs would be impossible. Nurses are on the front lines every day and there for us during the most vulnerable moments of our lives.

Nurses are repeatedly ranked as the most trusted profession. Chances are, nurses know more about you than anyone else in your life. They know your weight (and keep it a secret!), and you can trust them. According to polls, more than 80% of

Americans think nurses have "very high" ethical standards.

When they're not working, nurses are nursing friends and family. Even when nurses are off the clock, they are always ready to give medical advice, administer medication, and fix us right up when something is wrong — even if that happens to be in the middle of Thanksgiving dinner!

Nursing is a "behind-the-scenes" profession. So on May 6 tell one of the more than 3 million plus nurses out there "thank you for all you do" it could make a nurse's day by showing them that you notice their hard work.

Shelly Davis, DCA

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Greenfield's mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of each resident.

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Greenfield is a not-for-profit provider.